

Upwey Seniors Community Centre: 6 Mahony Street - in car park behind Upwey Shops. PO Box 1153 Upwey, 3158
Phone: 9754 3339 Email: office@sherbrookeu3a.org.au Web: www.sherbrookeu3a.org.au

TERM DATES FOR 2021

Term 1

Mon 8th Feb – Fri 26th March

Term 2

Mon 26th April-Fri 18th June

Term 3

Mon 19th July-Fri 10th Sept.

Term 4

Mon 11th Oct-10th December

COMMITTEE FOR 2021

President: Judith Patrick
Vice: Pres.: Diana Little
Secretary: Heather Rutter
Treasurer: Keith Ypelaan

GENERAL COMMITTEE

Sandra Alder
Fred Alder
Jeanette Leary
Anna Lane

OFFICE HOURS:

Wednesday 1.00pm-3.00pm
(Not necessarily in break periods)

CONTACT:

Send email anytime
Leave message on phone
OR ring Judith 9754 3507

HELLO ALL MEMBERS

TO ALL WHO SUFFERED THE BRUNT OF THE WILD WINDS EVERYONE HOPES THAT THE REST OF 2021 WILL BE KIND AND GENTLE TO ALL.

WHAT A HAPPY TIME WAS THE “CHRISTMAS IN JULY” HOSTED BY THE COMMITTEE FOR MEMBERS ON FRIDAY 2ND JULY 2021.

THE MEAL WAS EVERYTHING A MID-YEAR CHRISTMAS COULD BE AND THE CAROL SINGING LED BY CECILY WAS SUPERB (WHAT A WONDERFUL VOICE) AND OUR HEATHER WHIPPED UP A CHRISTMAS TRIVIA TIME ON OUR BIG SCREEN.

DIANA’S PLUM PUDDING WAS THE TALK OF THE “FULL OF IT” AND “WANT TO MAKE IT”.

ASK HER FOR THE RECIPE

GARDEN GROUP. The outing on Saturday 17th has been cancelled and there will not be a normal meeting at the Hall Wed 14th July **BUT** there will be a normal meeting at the Hall on Wednesday 11th August at 7.30pm.

AND A VISIT TO Attila and Michele on **Saturday 14th August** at 12.00 noon.

The Club is paying the entrance cost.

ADDRESS = 1 The Lough Court, Narre

Warren North. **A succulent garden**

Notify Barb if you are coming 9754 3877



Painted by Keith Ypelaan



CHRISTMAS IN JULY



OUR LIGHT

*Light of our Christmas – bright
In the cold of life's winter
Light of our Christmas might
In the warmth of life's Summer.*

Judith

WE ARE STILL OFFERING MAHJONG , CARDS OR SCRABBLE ON A FRIDAY FROM 12 NOON TO 2.00PM. WE HOPE THIS WILL BUILD UP AS WE GO ALONG. SO FAR WE HAVE A TABLE OF 4 FOR MARJONG WITH 1 NEW BEGINNER COMING SOON.

JOHN AND HELEN WIRTH NEED SOME 500 CARD PLAYERS TO HAVE SOME FUN TOO AND THEY WILL TEACH YOU HOW. SO BRING A SANDWICH OR WHATEVER AND SEE YOU THERE. IF WE GET THE NUMBERS THE TIME CAN BE INCREASED.

CARD MAKING IS ALSO AVAILABLE FRIDAYS FROM 12,00 NOON UNTIL 2.00 PM. A PEACEFUL AND HAPPY TIME.

SCREEN TIME – “ON SCREEN” LESSONS

YES WE WILL BE OFFERING 2 NEW SCREEN TIMES FOR ALL WHO WISH TO ATTEND DURING TERM 3.

THURSDAYS AT 1.00 pm to 2.00pm PILATES FOR BEGINNERS (NO FLOOR WORK)) CLASS WILL BE ½ HOUR OF PILATES FOR SENIOR BEGINNERS AND ½ HOUR FULL CHAIR WORKOUT.

FOLLOWED BY

2.15pm to 3.15pm ABSOLUTE BEGINNERS LINE DANCING as shown on YouTube. (Includes Annemaree}

THESE TWO SCREEN TIMES WILL BE LED BY JUDITH PATRICK AND DOT BISHOP WHO EACH HAVE 20 YEARS OF PILATES EXPERIENCE.

WE ALSO OFFER “SINGING FOR FUN” ON MONDAY AFTERNOONS FROM 2.30 PM. TO 3 .45 PM. LYRICS ARE SHOWN ON BIG SCREEN with SINGERS AND MUSIC.

TO ALL OUR WONDERFUL MEMBERS WHO ARE CURRENTLY EXPERIENCING HEALTH CONCERNS – WE WISH YOU WELL AND WE ARE WITH YOU ALL.

SHERBROOKE IS A SPECIAL PLACE BECAUSE WE LIVE HERE.

STAY SAFE

JUDITH AND COMMITTEE