



Upwey Seniors Community Centre: 6 Mahony Street - in car park behind Upwey Shops. PO Box 1153, Upwey,
office@sherbrookeu3a.org.au Web: www.sherbrookeu3a.org.au

COMMITTEE FOR 2023

OFFICE BEARERS

*President: Judith Patrick
Vice: Pres: Diana Little
Secretary: Heather Rutter
Treasurer: Keith Ypelaan*

GENERAL COMMITTEE

*Sandra Alder
Jeanette Leary
Anna Lane
Janine Navaud
Sally Larwood*

OFFICE HOURS:

*Wednesdays from 1.00 pm –
3.00 pm during terms.*

TERMS - 2023.

*Term 1 - completed
Term 2- 1st May - 16th June
Term 3- 17th July - 8th Sept.
Term 4- 9 Oct –^t 8th Dec.*

OUTINGS

*Please advise Committee of
any special outings you
would like to go on.*

CONTACT:

*Send email anytime or ring.
office or Judith 9754 3507*

Dear Members,

Cake or Grape?

The first Community Walk was hosted on Friday 24th March by our Bushwalkers at Birdland Reserve. Belgrave. A well-known and popular local bush walk.

A leisurely walk around both lakes was enjoyed by all plus one very grateful dog who led our beginner walkers from start to finish.

At one stage with more of our staggered lot arriving back at base we glanced at the comings and goings of many vehicles, visits to the now upgraded dinkum dunnies and now stored rainwater available for the thirsty and above it all the wind rustled the tall branches of majestic gum trees, home to many winged wonders and fresh-air serenity prevailed.

After Teresa launched her famous tablecloth onto the “we’ve been here long-time stains” on the man-made table her home-made looking cake and a splendid selection of grapes were placed onto it Then a visit from above from a now on the ground Magpie.

This magnificent magpie (gender unknown) gave us such a stirring.

“Welcome to Bush” as it addressed our presence with such welcoming warbling we were spellbound. It was certainly no beginner at seeking food.

Our timely bird-time magpie stood tall and warbled his life sounds and a fat and juicy grape suddenly rolled off the table and landed near his long beak. With a wistful look at the cake now guarded by very experienced bushwalkers It rolled the grape around and around while enjoying the “rolling on” grape challenge.

Thanks to Teresa and I look forward to another walk, chat and cake in 2024. Be sure to join us.

Devonshire tea for earthquake victims

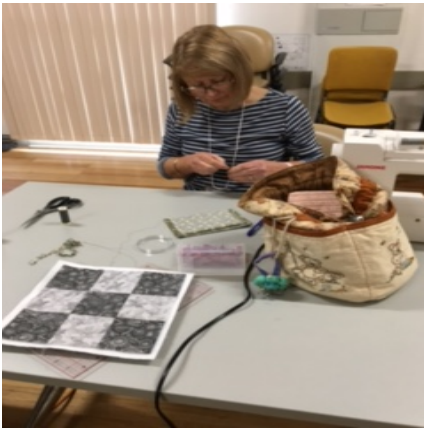
The Chat Tables are all aligned and ready for Devonshire Tea/Cuppa people to enjoy a friendly time together and help support the victims of the Turkish/Syrian Earthquake appeal.

Come one, come all on Friday 28^t April 1.30pm to 3.00pm in support of Red Cross Turkish/Syria Earthquake appeal. \$5.00 or as much as you wish to contribute.

It is so Community rewarding to see some of our U3A members assisting Upwey Baptist Church and their Foothills Community Care partner in producing the nourishing community meals on Monday nights. Take home food and social interaction with all who need it is also a part of Monday evenings.



PATCHWORK CLASS
Gabriella has vacancies.



Be

Be the difference – not the indifference.

Be the sensitive – not the insensitive

Be the strength – not the weakness.

Be the careful love – not the careless

Judith April 2023

Table Tennis is played on Monday afternoons from 1.30pm at Upwey Hall. We are hoping to build teams good enough to play competitively at Monbulk Table Tennis Friday club night. We are being coached by Melvyn Bowler. A dedicated player.

We will be experiencing another **Christmas in July in 2023**. Could be a good time to start making room for Diana's famous plum pudding.

Feel the need to learn to **play the Ukulele** then do so by booking through the office. Class time is on Fridays from 10.00 am to 11.00 am. The tutor is Lee Whitfort.

*We still have **indoor bowls** available to members who wish to play.*

“Learn to Bowl” fun bowling lessons available at Upwey-Tecoma Bowling Club.

Contact Judith 9754 3507 or office 9754 3339

Don't forget to **fill in the 2023 survey** so we can all have a say in our future programs.

Our secretary, the hardworking Heather Rutter, will be leaving us soon and going on a 6-week journey overseas so please cooperate every way you can as we will miss her large contribution to our ongoing happiness in activities. Let's keep the paperwork to a minimum.

*We are so pleased to welcome back after a triple bypass our much-loved **tutor for Art/Painting, Dianne Fletcher.***

Congratulations to Dot Bishop up to her usual tricks of winning her age group in Melbourne runs. She recently won the Run Melbourne in her age group.

*We will be receiving **new keys** to go with the **new locks** on the **Hall doors**. Keys will be issued to Tutors who need to open the Hall for daily classes.*

Key holders' names and phone numbers will be supplied to the council as requested.

STAY SAFE

JUDITH AND COMMITTEE

